



# NEWSLETTER CU POINT



## Dear International Students,

This issue of our newsletter might seem a bit different from the newsletters you usually receive from us. Instead of invitations to our events we are going to provide you with some current information on studies and life at Charles University as well as with useful links focusing on information on Covid-19 in English. All up-to-date information is regularly published on the [university website](#). And let's have some free-time tips too!

In case of any questions, you may contact us by phone (+420 224 491 850) or email ([info@cuni.cz](mailto:info@cuni.cz)) – we are here to help you! We understand that this is an uncomfortable and uncertain period for you. However, do not forget to stay positive and to enjoy the Easter time. We believe that we will soon be able to welcome you back at our social, sport and other events.

We are here for you.

On behalf of the CU Point team,  
Lída Součková



### Covid-19 FAQ and information for students

If you have not already, read the [Q&A list](#) with answers to your questions when it comes to changes in your [studies and the academic year](#) due to coronavirus. For more information, follow the [news on the university](#) as well as faculty websites.



### Coronavirus - useful links

- [The Czech Government](#)
- [Ministry of Health of the Czech Republic](#)
- [World Health Organisation \(WHO\)](#)
- [Travelling during the State of Emergency: Ministry of the Interior of the CR](#)
- [Expats.cz](#)



### Covid-19 symptoms

Do you know how to proceed in case of symptoms similar to coronavirus? Our medical students from the Third Faculty of Medicine have prepared an easy manual for you. You may find it on our [website](#).



### Studies and exams

The Student Affairs Department is working hard to ensure that all students are able to complete this academic year successfully. Please stay in touch with your teachers and home faculty. Also, check regularly the news on the [university website](#).



### Studying from home

Classes have not been interrupted, but all in-person classes have switched to [distance learning](#). Students and other members of Charles University also have access to a wide range of [electronic information resources](#).



### Psychological counselling

We continue to offer counselling in distance form (by email or phone). Don't hesitate to contact the [faculty counselling centres](#) or our counsellor ([counsel@ruk.cuni.cz](mailto:counsel@ruk.cuni.cz)). Further, see also [#delamcomuzu](#) – free online therapeutic support during the coronavirus pandemic.



### Dormitories and canteens

Our canteens continue to cook for you, but please note that many of them are closed due to current circumstances. Follow the website of **CU dormitories and refectories** for any changes.



### Would you like to continue with your follow up studies at CU?

Check out all English-taught study programmes **here** – new programmes in English are opened every year! Please note, however, that changes may occur depending on the current Covid-19 situation.



### CAS login

Our **Card Service Centres** are currently closed, but online support is still available. Should you have any issues concerning your CAS password, please follow the instructions **here**.



### Keep your mind and body active!

Go out for a short walk and enjoy the sun and fresh air (with a face mask). Remember to eat healthily and to exercise – you may find many recipes and ideas on the internet. Now it is the right time to try new things, even in the comfort of your home.



### Movie tips

If you enjoy watching movies, check out English-friendly movies on **Aerovod**, which is an online database of Czech as well as foreign movies. Another great option is **dafilms.com**. We then hope to see you at our Movie Nights in the next semester!



### Honest Guide MeetUp

Did you attend the meet-up with **Honest Guide** in February organized by the **Centre for International Cooperation in Education**? Then check this **video** – you may find yourself in it! Many international students shared their experience with living in the Czech Republic.

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